

STRATHALLAN SCHOOL

Opportunities for *all* to excel

Strathallan Tennis Academy

Strathallan has the drive and resources to identify and nuture potential in their pupils from the youngest years upwards.

First form parent

Game-changing Tennis

Nurturing a lifelong love of sport has always been central to a Strathallan education, and Strathallan's Tennis Academy is designed to support our athletes to develop the skills and values to excel in their chosen sport.

The Tennis Academy programme takes players from beginner through to district, regional and national level player, and has enabled pupils to develop their tennis as a main priority or alongside other sports with an all-round, player-centred approach. We have created opportunities for every student to play at least once a week, throughout all three terms, with further opportunities available - from open drop-in sessions to activities that focus on developing specific skills whilst having fun.

Our aim is to encourage pupils to be their best whilst nurturing their individual skillset in a supportive environment. For players that show potential, there is the chance to be part of development groups, and for performance players competing at county, regional or national level, we provide a highly personalised programme tailored to their needs. I'm extremely proud of the programme, and hope these following pages offer some insight into how Strathallan's Tennis Academy encourages its players to reach their potential.

Tommy Ogilvie, Head of Strathallan Tennis Academy





Katharina's Story

I am Katharina N, I am I6 years old, from Munich, Germany. In November 2022, I visited Strathallan and the tennis team as part of my school selection tour. I was immedialtely impressed by the tennis facilities and decided to join in September 2023.

I have been playing tennis since I was seven years old, and now eight years later, I am a Top 100 player in Germany and in the top 20 of Bavaria in my age group, having achieved a player rating of LK 6 (from I-25, I being the best).

The training environment excited me about Strathallan. I was impressed by the coaching team, and opportunities on the tennis performance programme and with strength and conditioning.

The coaches help you find your weaknesses and strengths through individual analysis to develop a suitable training plan for the future to achieve the best performances and goals. As well as team mates who want to work on their goals and develop as much as you do.

During the games sessions, which take place on Tuesdays, Thursday and Saturday afternoons, all types of players play against each other to gain and imitate match practise.

I look forward to working with the team here to take my game to the next level, and most importantly, I look forward to proudly representing Strathallan in upcoming matches.





Smashing Results

British Senior Schools Championships

Girls, Boys & mixed winners 2015 Boys runners up 2016 Girls winners 2019 Girls regional finalists 2020 Boys & Girls regional finalists 2022 Girls regional winners 2024

Scottish Schools Championships

Y7 & 8 Boys runners up & Y9 & IO Girls runners up 2016 Y9 & IO Boys & Girls runners up 2017 Y9 & IO Girls winners 2018 Y9 & IO Girls runners up & Y7 & 8 Boys runners up 2019 Y9 & IO Girls winners 2023

U18 Scottish Schools Championships

Boys & Girls semi-finalists 2021 Boys finalists 2022 Girls semi finalists 2022 Boys finalists 2023

LTA School of the Year 2022 finalist

Tennis Scotland Team of the Year 2015 winners School of the Year 2022 winners

Education Award

School of the Year 2022 winners School of the Year 2023 finalists School of the Year 2024 finalists

National Championship **Boys finalists 2023**

National titles won by our pupils

Freya C

UI6 Scottish Junior Indoor Doubles Champion 2024 UI8 Scottish Junior Indoor Singles Champion 2023 UI6 Scottish Junior Indoor Doubles Champion 2023 UI4 & UI6 Scottish Junior Indoor Doubles Champion 2022 UI4 Scottish Junior Closed Singles Champion 2021

Marcus M UI8 Scottish Junior Indoor Doubles Champion 2023 UI8 Scottish Junior Open Doubles Champion 2023 UI4 Scottish Junior Indoor Champion 2019 UI2 Scottish Junior Closed Singles Champion 2017 UI2 Scottish Junior Indoor Doubles Champion 2017 **UIO Scottish Junior Closed Singles Champion 2015**

Jed M UI6 Scottish Closed Singles Champion 2023 UI6 Scottish Open Doubles Champion 2023

Alexander E UI8 ITF Liverpool Junior International Champion 2024 UI8 Scottish Indoor Doubles Champion 2024

Thomas D **UIO Scottish Closed Singles Champion 2019**

Findlay P Ull Scottish Junior Nationals Singles Champion 2023

What is the performance programme?

On-court



Individual lessons

Performance groups



Team practice sessions



Fitness sessions

















Committed to supporting

Goal setting & mentoring

Access to physiotherapy

wellbeing training

Sports psychology & emotional

& encouraging academic programmes

Age- & Stage-specific

tournament schedules

At the heart of it all is high quality individual and group coaching, support and aspiring peers shaping the future of player development.

Tournament support

Support at local & regional competition **Competition feedback** Tournament planning

Player development

Develop players with an individual identification Develop players to problem solve Monitor & track progress through individual meetings & feedback Wider development socially & academically **Opportunity to lead lessons** Opportunity to gain level I or level 2 gualifications Match on-court game to personality & physicality On-court and off-court S&C training Full-time strength and conditioning coach creating bespoke programmes for athletes

Creating Pathways

All programmes are bespoke to each player, depending on the athlete's current requirements, goals & ambitions.

Our performance programme works across a wide range of players, with pupils from Prep School right through to Upper Sixth. Strathallan Prep School pupils can receive individual lessons, join mini tennis groups and integrate into Development squads when suitable.

In addition to the performance programme, players in the senior school will receive a tailored programme with access to individual coaching from our Head of Tennis, Tommy Ogilvie.



Awards & Scholarships

A number of Scholarships awards are made each year on the basis of outstanding ability in one or more sports.

Sports Awards are available to pupils in Strathallan Prep School.

Sports Scholarships are available from 3rd Form to Upper 6th and are considered and assessed on an individual basis throughout the year.

Identified	Developmer
I on-court one-to-one session I development group session 2-3 games sessions I weekly gym session I group strength & conditioning session Half-term mentoring & development opportunities	 2 on-court one-to-orsessions 2 development groupsessions 2-3 games sessions I-2 weekly gym sess I group strength & conditioning session Monthly mentoring development opport
Sports Scholars with tennis as their main sport will receive up to the Identified programme.	Pupils currently rep their District & Cou receive up to the D programme.

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Performance

3 on-court one-to-one sessions

2 development group sessions

3 games sessions

2 weekly gym sessions

I group Strength & conditioning session

Monthly mentoring & development opportunities

Players must be competing at Regional or National level to be considered for the Performance programme.



4 pupils representing Scotland

Welcome 8 pupils representing their county



9 pupils representing their district

Current pupils are competing in Junior International Tennis Federation Competitions, Tennis Europe, GI-2 Nationally & G3-G7 competition regionally & locally.



In June 2023 our boy's team finished in 3rd place at the LTA National Championships. Having played four matches to qualify for the finals, the team defeated Sevenoaks, Merchiston, and Millfield at the finals to earn a 3rd place finish.



In February 2024 Alexander E won his first ITF Junior International title in Liverpool. Alexander has since signed with UNC Asheville in North Carolina to go and play Division I tennis in the US College system on a tennis scholarship. Jed M won the Road to Wimbledon National Final. After winning the local event held at the school, and then County event in Aberdeen, Jed headed to SWI9 to compete against the best players in the UK. After a week of competition at the All England Club Jed was crowned the Road to Wimbledon Champion.

In March 2024 our senior girls team won the LTA Youth Schools Year II-13 North Regional Finals. Having played 4 Scottish schools to qualify as Scotlands representative for the finals, the team defeated Bradford Grammar School and Stonyhurst College to claim the title.

Strathallan facilities

Strathallan benefits from some exceptional facilities in which to train all year round. Since the completion of the Wilson Hall in 2015, Strathallan now has the enviable position as one of only two schools in Scotland to have three indoor courts on campus. Outdoors, we have nine allweather hard courts and nine artificial grass courts.

The Strength & Conditioning Suite is filled with state-of-the-art fitness equipment, from free weights and weight machines to progressmonitoring cardio equipment. Access to the fitness suite is available to all players on the Performance programme.

Is Strathallan for you?

At Strathallan, we take pride in our students' ability to excel in both their academic and sporting endeavours. This blended approach is a corner stone of our strategy.

With this in mind, we are perpetually developing the environment for both our elite performers and our participation and development students, so everyone has the opportunity to strive towards their full potential.

At Strathallan, we pride ourselves on Participation, Development & Performance.

Take the next step Get in touch today

Admissions@strathallan.co.uk +44 (O)1738 812546



#GameChangingEducation



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